

## References to the name "Christ" in the Epistles of St. Paul

### (Two Supplements: Regarding Ps 119 and the Greek verb gregoreo as it pertains to Advent)

This fairly exhaustive list contains references to the name "Christ" in the epistles of St. Paul, including the Epistle to the Hebrews. I hesitated drawing up a list of what is quite obvious but as one reads through it, a better idea emerges of what Paul means by his frequent refrain of being "in Christ." This preposition which designates a presence-within is also interesting to compare with other prepositions Paul uses such as "with, through" (Jesus Christ). Note the italicized prepositions which emphasize the various ways Paul presents his relationship with Christ. Please note that I have limited this list to the name of "Christ" associated with prepositions only.

#### Romans

- 1.1: Paul, a servant of Jesus Christ
- 1.6: who are called to belong to Jesus Christ
- 1.7: from God our Father and (from) the Lord Jesus Christ
- 1.8: I thank my God through Jesus Christ for all of you
- 2.16: God judges the secrets of men by Christ Jesus
- 3.22: through faith in Jesus Christ for all
- 3.24: through the redemption which is in Christ Jesus
- 5.1: peace with God through our Lord Jesus Christ
- 5.11: rejoice in God through our Lord Jesus Christ
- 5.15: in the grace of that one man Jesus Christ
- 5.17: reign in life through the one man Jesus Christ
- 5.21: to eternal life through Jesus Christ our Lord
- 6.3: all of us who have been baptized into Christ
- 6.8: but if we have died with Christ, we believe
- 6.11: dead to sin and live to God in Christ Jesus
- 6.23: is eternal life in Christ Jesus our Lord
- 7.4: have died to the law through the body of Christ
- 7.25: thanks be to God through Jesus Christ our Lord
- 8.1: for those who are in Christ Jesus
- 8.2: for the law of the spirit of life in Christ Jesus
- 8.9: any one who does not have the Spirit of Christ
- 8.17: heirs of God and fellow heirs with Christ
- 8.35: who shall separate us from the love of Christ
- 8.39: from the love of God in Christ Jesus our Lord
- 9.1: I am speaking the truth in Christ
- 9.3: that I myself were accursed and cut off from Christ
- 9.5: any one who does not have the Spirit of Christ
- 10.17: what is heard comes by the preaching of Christ
- 12.5: so we, though many, are one body in Christ
- 13.14: but put on the Lord Jesus Christ
- 15.5: in such harmony...in accord with Christ Jesus
- 15.6: the God and Father of our Lord Jesus Christ
- 15.16: to be a minister of Christ Jesus to the Gentiles
- 15.17: in Christ Jesus, then, I have reason to be proud
- 15.19: I have fully preached the gospel of Christ
- 15.29: come in the fulness of the blessing of Christ
- 15.30: I appeal to you, brethren, by our Lord Jesus Christ

16.3: my fellow workers in Christ Jesus  
16.5: Epaphroditus...first convert in Asia for Christ  
16.7: and they were in Christ before me  
16.9: great Urbanus, our fellow worker in Christ  
16.10: greet Apelles, who is approved in Christ  
16.16: all the churches of Christ greet you  
16.20: the grace of our Lord Jesus Christ be with you  
16.25: my gospel and the preaching of Jesus Christ  
16.27: be glory for evermore through Jesus Christ

## 1 Corinthians

1.1: by the will of God to be an apostle of Christ Jesus  
1.2: to those sanctified in Christ Jesus  
1.2: call on the name of our Lord Jesus Christ  
1.4: given you in Christ Jesus  
1.6: even as the testimony to Christ was confirmed  
1.7: for the revealing of our Lord Jesus Christ  
1.8: guiltless in the day of our Lord Jesus Christ  
1.9: the fellowship of his Son, Jesus Christ our Lord  
1.10: by the name of our Lord Jesus Christ  
1.12: "I belong to Cephas, or "I belong to Christ."  
1.17: lest the cross of Christ be emptied of its power  
1.30: he is the source of your life in Christ Jesus  
2.16: we have the mind of Christ  
3.1: I as men of the flesh, as babes in Christ  
3.23: you are Christ's (i.e., of) and Christ is God's (twice)  
4.1: I as servants of Christ  
4.10: we are fools for Christ's sake  
4.10: you are wise in Christ  
4.15: for though you have countless guides in Christ  
4.15: I became your father in Christ Jesus  
4.17: to remind you of my ways in Christ  
6.11: justified in the name of the Lord Jesus Christ  
6.15: know that your bodies are members of Christ  
6.15: shall I therefore take the members of Christ  
7.22: who was free when called is a slave of Christ  
8.12: you sin against Christ  
9.12: an obstacle in the way of the gospel of Christ  
9.21: but under the law of Christ  
10.16: is it not a participation in the blood of Christ (twice)  
11.1: be imitators of me, as I am of Christ  
11.3: the head of Christ is God  
12.12: so it is with Christ  
12.27: you are the body of Christ  
15.18: who have fallen asleep in Christ have perished  
15.19: if for this life only we have hoped in Christ  
15.22: so also in Christ shall all be made alive  
15.23: then at his coming those who belong to Christ  
15.31: which I have in Christ Jesus our Lord  
15.57: through our Lord Jesus Christ

16.24: my love be with you all in Christ Jesus

## 2 Corinthians

1.1: Paul, an apostle of Christ Jesus by the will of God  
1.3: Father of our Lord Jesus Christ  
1.5: as we share abundantly in Christ's sufferings  
1.5: so through Christ we share abundantly  
1.22: so also in Christ shall all be made alive  
1.23: then at his coming those who belong to Christ  
1.31: which I have in Christ Jesus our Lord  
1.57: through our Lord Jesus Christ  
2.10: has been for your sake in the presence of Christ  
2.12: to preach the gospel of Christ  
2.114: who in Christ always leads us in triumph  
2.15: for we are the aroma of Christ to God  
2.17: in the sight of God we speak in Christ  
3.3: that you are a letter from Christ  
3.4: that we have through Christ toward God  
3.14: because only through Christ is it taken away  
4.4: the light of the gospel of the glory of Christ  
4.6: the glory of God in the face of Christ  
5.10: appear before the judgment seat of Christ  
5.14: for the love of Christ controls us  
5.17: if any one is in Christ, he is a new creation  
5.18: who through Christ reconciled us to himself  
5.19: in Christ God was reconciling the world  
5.20: so we are ambassadors for Christ  
5.20: we beseech you on behalf of Christ  
8.9: for you know the grace of our Lord Jesus Christ  
8.23: messengers of the churches, the glory of Christ  
9.13: acknowledging the gospel of Christ  
10.1: by the meekness and gentleness of Christ  
10.7: if any one is confident that he is Christ's (i.e, of)  
10.7: as he is Christ's (i.e., of), so are we  
11.2: I betrothed you to Christ  
11.3: from a sincere and pure devotion to Christ  
11.10: as the truth of Christ is in me  
11.13: disguising themselves as apostles of Christ  
11.23: are they servants of Christ  
12.2: I know a man in Christ  
12.9: that the power of Christ may rest upon me  
12.10: for the sake of Christ  
12.19: speaking in Christ  
13.14: the grace of the Lord Jesus Christ

## Galatians

1.1: through Jesus Christ and God the father  
1.6: who called you in the grace of Christ  
1.7: want to pervert the gospel of Christ  
1.10: I should not be a servant of Christ

1.12: it came through a revelation of Jesus Christ  
1.22: the churches of Christ is Judea  
2.4: spy out our freedom which we have in Christ Jesus  
2.16: through faith in Jesus Christ  
2.16: even we have believed in Christ Jesus  
2.16: in order to be justified by faith in Christ  
2.17: if, in our endeavor to be justified in Christ  
2.20: I have been crucified with Christ  
3.14: that in Christ Jesus the blessing of Abraham  
3.22: what was promised to faith in Jesus Christ  
3.24: the law was our custodian until Christ came  
3.26: for in Christ Jesus you are all sons of God  
3.27: for as many of you as were baptized into Christ  
3.27: baptized into Christ have put on Christ  
3.28: for you are all one in Christ Jesus  
3.29: if you are Christ's (i.e., of), then you are Abraham's  
5.4: you are severed from Christ  
5.6: in Christ Jesus neither circumcision  
5.24: those who belong to Christ Jesus  
6.2: and so fulfil the law of Christ  
6.12: not be persecuted for the cross of Christ  
6.14: except in the cross of our Lord Jesus Christ  
6.18: the grace of our Lord Jesus Christ

#### Ephesians

1.1: Paul, an apostle of Christ Jesus by the will of God  
1.3: the God and Father of our Lord Jesus Christ  
1.3: who has blessed us in Christ  
1.5: to be his sons through Jesus Christ  
1.9: his purpose which he set forth in Christ  
1.12: we who first hoped in Christ  
1.17: God of our Lord Jesus Christ, the Father of glory  
1.20: which he accomplished in Christ  
2.5: made us alive together with Christ  
2.6: in the heavenly places with Christ  
2.7: in kindness toward us in Christ Jesus  
2.10: we are his workmanship, created in Christ Jesus  
2.12: you were at that time separated from Christ  
2.13: in Christ Jesus you...have been brought near  
2.13: have been brought near in the blood of Christ  
3.1: Paul, a prisoner for Christ Jesus on behalf of you  
3.4: perceive my insight into the mystery of Christ  
3.6: partakers of the promise in Christ Jesus  
3.11: which he has realized in Christ Jesus our Lord  
3.19: to know the love of Christ  
3.21: to him be glory in the church and in Christ Jesus  
4.7: according to the measure of Christ's gift  
4.12: for building up the body of Christ  
4.13: measure of the stature of the fulness of Christ  
4.15: into him who is the head, into Christ

4.32: forgiving one another, as God in Christ forgave  
5.5: has any inheritance in the kingdom of Christ  
5.20: in the name of our Lord Jesus Christ  
5.21: out of reverence for Christ  
5.24: as the church is subject to Christ  
5.32: am saying that it refers to Christ and the church  
6.in singleness of heart, as to Christ  
6.6: as servants of Christ, doing the will of God

#### Philippians

1.1: Paul and Timothy, servants of Christ Jesus  
1.1: to all the saints in Christ Jesus  
1.6: at the day of Jesus Christ  
1.8: with the affection of Christ Jesus  
1.10: pure and blameless for the day of Christ  
1.11: which come through Jesus Christ  
1.13: my imprisonment is for Christ  
1.19: the help of the Spirit of Jesus Christ  
1.23: my desire is to depart and be with Christ  
1.26: ample cause to glory in Christ Jesus  
1.27: manner of life be worthy of the gospel of Christ  
1.29: granted to you that for the sake of Christ  
2.1: so if there is any encouragement in Christ  
2.5: which is yours in Christ Jesus  
2.16: so that in the day of Christ I may be proud  
2.21: not those of Jesus Christ  
2.30: for he nearly died for the work of Christ  
3.3: worship God in spirit and glory in Christ Jesus  
3.7: I counted as loss for the sake of Christ  
3.9: that which is through faith in Christ  
3.14: prize of the upward call of God in Christ Jesus  
3.18: live as enemies of the cross of Christ  
4.7: keep your hearts and your minds in Christ Jesus  
4.19: his riches in glory in Christ Jesus  
4.21: greet every saint in Christ Jesus  
4.23: grace of the Lord Jesus Christ

#### Colossians

1.1: Paul, an apostle of Christ Jesus by the will of God  
1.2: faithful brethren in Christ at Colossae  
1.3: God, the Father of our Lord Jesus Christ  
1.4: we have heard of your faith in Christ Jesus  
1.7: he is a faithful minister of Christ on our behalf  
1.24: what is lacking in Christ's afflictions  
1.28: that we may present every man mature in Christ  
2.2: the knowledge of God's mystery, of Christ  
2.5: the firmness of your faith in Christ  
2.8: not according to Christ  
2.11: in the circumcision of Christ  
2.17: the substance belongs to Christ

2.20: if with Christ you died to the elemental spirits  
3.1: if then you have been raised with Christ  
3.3: your life is hid with Christ in God  
3.15: let the peace of Christ rule in your hearts  
3.16: let the word of Christ dwell in you richly  
4.3: to declare the mystery of Christ  
4.12: Epaphras...a servant of Christ Jesus

#### 1 Thessalonians

1.1: in God the father and (in) the Lord Jesus Christ  
1.3: steadfastness of hope in our Lord Jesus Christ  
2.6: might have made demands as apostles of Christ  
2.14: became imitators of the churches of God in Christ  
3.2: brother and God's servant in the gospel of Christ  
4.16: the dead in Christ will rise first  
5.9: salvation through our Lord Jesus Christ  
5.18: the will of God in Christ Jesus for you  
5.23: at the coming of our Lord Jesus Christ  
5.28: the grace of our Lord Jesus Christ be with you

#### 2 Thessalonians

1.12: the grace of our God and (of) the Lord Jesus Christ  
2.1: concerning the coming of our Lord Jesus Christ  
2.14: may obtain the glory of our Lord Jesus Christ  
3.5: to the steadfastness of Christ  
3.6: in the name of our Lord Jesus Christ  
3.12: exhort in the Lord Jesus Christ to do their work  
3.18: the grace of our Lord Jesus Christ by command of God

#### 1 Timothy

1.1: Paul, an apostle of Christ Jesus by command of God  
1.1: God our Savior and of Christ Jesus our hope  
1.14: the faith and love that are in Christ Jesus  
3.13: the faith which is in Christ Jesus  
4.6: you will be a good minister of Christ Jesus  
5.11: when they grow wanton against Christ  
5.21: in the presence of God and of Christ Jesus  
6.3: sound words of our Lord Jesus Christ  
6.13: in the presence of...Christ Jesus  
6.14: until the appearing of our Lord Jesus Christ

#### 2 Timothy

1.1: Paul, an apostle of Christ Jesus by the will of God  
1.1: the promise of the life which is in Christ Jesus  
1.9: the grace which he gave us in Christ Jesus ages ago  
1.10: the appearing of our Savior Christ Jesus  
1.13: in the faith and love which are in Christ Jesus  
2.1: be strong in the grace that is in Christ Jesus  
2.3: as a good soldier of Christ Jesus  
2.10: they also may obtain salvation in Christ Jesus

3.12: all who desire to live a godly life in Christ  
3.15: through faith in Christ Jesus  
4.1: in the presence of God and of Christ Jesus

#### Titus

1.1: a servant of God and an apostle of Jesus Christ  
2.13: glory of our great God and (of) Savior Jesus Christ  
3.6: through Jesus Christ our Savior

#### Philemon

1.1: Paul, a prisoner for Christ Jesus  
1.6: knowledge of all the good that is our in Christ  
1.8: though I am bold enough in Christ to command you  
1.9: now a prisoner also for Christ Jesus  
1.20: refresh my heart in Christ  
1.23: Epaphras, my fellow prisoner in Christ Jesus  
1.25: the grace of the Lord Jesus Christ

#### Hebrews

3.14: we share in Christ  
6.1: let us leave the elementary doctrine of Christ  
9.14: how much more shall the blood of Christ  
10.10: the offering of the body of Jesus Christ  
11.26: he considered abuse suffered for the Christ  
13.21: through Jesus Christ, to whom be glory forever

Two Supplements: On Psalm 119 and the Greek verb gregoreo (to watch) as it pertains to Advent.

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Psalm 119, the longest in the psalter (176 verses), contains many allusions with regard to the Torah or Law. Because this Torah is central to Jewish life and worship, the psalmist celebrates its observance by constant references to it; more specifically, he asks God that he remain faithful in guarding the precepts contained in the psalm. The following list of verses from Psalm 119 demonstrate this ardent concern for all the directives contained in the Torah. In this list I insert the Hebrew words which center around such "guarding" in order to grasp the deeper significance of this psalm. I also present a brief explanation or note with regard to the word in question, especially when the word in question has a broader application. As one reads further into this list, the notes decrease simply because an explanation of the words had occurred earlier. Note that I have excluded those instances when the same word repeated itself; the Hebrew transliterations are left in their respective forms:

1: blessed are those...who walk (haholekym: implies a going and a coming) in the law of the Lord.  
2: blessed are those who keep (notsry: implies a guarding and a besieging; also in the sense of hiding as in Is 48.6, "hidden things which you have not known") his testimonies.  
who seek (yidreshuhu: verbal root implies a rubbing, beating or treading with the connotation of frequenting a place) him with their whole heart.  
3: who also do (pahal: also in the sense of fabricating an object) no wrong  
-but walk (halaku) in his ways.  
4: you ordered (tsiwytah: also, to constitute, appoint) your precepts to be kept diligently (lishmor me'od: the adverb me'od implies something excessive; cf. Gen 1.31: "and behold, it was very good").  
5: my ways may be steadfast (yiknu; also in the sense of to hide and to wrap oneself as in Is 28.20:

"the covering is too narrow for one to wrap himself in it") in keeping (lishmor: implies the duty of a watchman; cf. Gen 2.15: "The Lord God took the man and put him in the garden of Eden to till it and keep it") your statutes

6: having my eyes fixed (behabyty: also means having respect for something) on all your commandments.

7: when I learn (belamedy: fundamental sense of lamad is to chastise; it is the verbal root for Talmud; its Syriac equivalent applies to the disciples of Christ. Note the frequent use of lamad in this list, as if the psalmist were asking God to be a disciple of the Torah) your righteous ordinances.

8: I will observe ('eshmor) your statutes.

9: by guarding (lishmor) it according to your word.

10: with my whole heart I seek (derashtyha) you.

-let me not wander (lo-tashgeny: in the sense of committing a fault; also cf. Prov 20.1 in conjunction with to reel: "why do you reel, my son, with a strange woman") from your commandments.

11: I have laid up (tsaphanty: with the connotation of hiding, of concealing, of laying up) your word in my heart.

12: teach (lamdeny) me your statutes.

13: I declare (sapharty: in the sense of to inscribe, write letters; also, to narrate) all the ordinances of your mouth.

14: in the way of our testimonies I delight (sasty: related to another verb, sus, to leap, spring).

15: I will mediate ('asychah: fundamentally implies producing, bringing forth; it also suggests singing or celebration) on your precepts.

-and fix ('abytah) my eyes on your ways.

16: I will delight ('eshtahashah: from the verbal root to overspread, stroke, smear) in your statutes.

-I will not forget (lo 'eshkach; implies wandering) your word.

17: that I may live and observe ('eshmerah) your word.

18: that I may behold ('abytah) wondrous things out of your law

19: hide not ('al-tasrer; can mean a guarding as in Ps 27.5: "he will conceal me under the cover of his tent") your commandments from me.

20: my soul is consumed (karsah: verbal root means to break in pieces by scraping, rubbing) with longing for your ordinances at all times.

21: insolent...who wander (hashoym) from your commandments.

22: for I have kept (natsarty) your testimonies.

23: your servant will meditate (yasyach) on your statutes.

24: your testimonies are my delight (shahashuhay), they are my counselors ('anshy hatsty: literally, men of counsel).

25: revive (chayeny: original notion is breathing; cf. nephesh or soul with the same connotation) me according to your word.

26: teach (lamdeny) me your statutes.

27: make me understand (havyneny: from the verbal root to separate which implies the act of discernment) the way of your precepts.

-I will meditate ('asychah) on your wondrous works.

28: strengthen (qaymeny: verbal root implies a rising, standing) me according to your word.

29: graciously teach (chaneny: to be favorably inclined, accommodating as well as to impart mercy) me your law.

30: I set (shiwty: fundamental meaning of being even, level, making like) your ordinances before me.

31: I cleave (davaqty: in the sense of being glued as well as being attached as Gen 2.24, "Therefore a man leaves his father and his mother and cleaves to his wife") to your testimonies.

32: I will run ('aruts) in the way of your commandments.

33: teach (hureny: verbal root with the sense of casting as an archer shoots arrows; yarah is the root

for Torah) me the way of your statutes.  
 I will keep ('eshmerenah) it to the end.  
 34: that I may keep ('etsrah: in the sense to store up a treasure) your law.  
 -observe ('eshmerenah) it with my whole heart.  
 35: lead me (harrykeny: from the verbal root to tread, trample) in the path of your commandments.  
 for I delight (chaphatsty: the fundamental notion is to incline; also applies to an act of the will or as a noun, something precious) in it.  
 36: incline (hat: in the sense of stretching out towards something) my heart to your testimonies.  
 37: give me life (chayeny) in your ways.  
 38: confirm (haqem) to your servant your promise.  
 40: I long (ta'avty: to breathe after as well as to will something) for your precepts.  
 -in your righteousness give me life (chayeny).  
 42: I trust (vatachty) in your word.  
 43: for my hope (yichalty: the verbal root implies twisting, turning around with the connotation of strength) is in your ordinances.  
 44: I will keep ('eshemrah) your law continually.  
 45: I have sought (darashty) your precepts.  
 46: I will also speak ('adabrah: a verbal root akin in meaning to the Greek logos which connotes the expression of something) of your testimonies before kings.  
 47: I find my delight ('eshтахashah) in your commandments.  
 48: I revere ('esa'-kaphy: literally here, lift up hands) your commandments, which I love ('ahahvty).  
 -I will meditate ('asychah) on your statutes.  
 49: remember (zekor: the word for a male comes from this root; a male is a remembrance of a family) your word to your servant.  
 50: your promise gives me life (chyateny).  
 51: I do not turn (l'o natyty: in the sense of not stretching out in the opposite direction from the Torah) from your law.  
 52: I think (zakarty: again, the verbal root for a male; i.e., I disseminate your ordinances...) of your ordinances from of old.  
 53: the wicked who forsake (hozvy: implied is the sense of loosening bands; i.e., leaving a permanent relationship) your law.  
 54: your statutes have been my songs (zemiroth: from the verbal root to prune or cut off; also means to dance).  
 55: I remember (zakarty: zakar, a male with the intent of begetting God's remembrance at night, symbolic of forgetfulness) your name in the night.  
 -and keep ('eshemrah) your law.  
 56: I have kept (natsarty) your precepts.  
 57: I promise to keep (leshmor) your words.  
 58: be gracious (chaneny) to me according to your promise (ke'imrateha: from the verbal root to say which implies a bringing forth: graciousness is allied with such begetting in the form of speech).  
 59: I turn ('ashyvah) my feet to your testimonies.  
 60: I hasten (chashty)...to keep (lishmor) your commandments.  
 61: I do not forget (l'o shakachty: perhaps related to shakah, to wander) your law.  
 62: At midnight I rise to praise (lehodoth: from the verbal root whose basic meaning is to throw, cast; also implied is the sense of confessing) you because of your righteous ordinances.  
 63: I am a companion (chaver)...of those who keep (leshmry: verbal root of being fixed, made firm; an easy association to make with companion whose basic sense is one of being bound) your precepts.  
 64: teach (lamdeny) me your statutes.  
 66: teach (lamdeny) me good judgment and knowledge.

67: but now I keep (shamarty) your word.  
68: teach (lamdeny) me your statutes.  
69: with my whole heart I keep ('etsor: root implying to keep watch which is related to 'tsar, to lay up treasures) your precepts.  
70: I delight (shihashahty) in your law.  
71: that I might learn ('elmad) your statutes.  
73: give me understanding that I may learn ('elemdah) your commandments.  
74: I have hoped (yichalty: verbal root suggests a remaining or delay with expectation) in your word.  
77: for your law is my delight (shahashuhy).  
78: I will meditate ('asyach) on your precepts.  
79: that they may know (yodheu: implies intimate familiarity (intercourse) as in Gen 4.1: "Now Adam knew Eve his wife") your testimonies.  
80: may my heart be blameless (tamym: root meaning is to complete, finish) in your statutes.  
81: I hope (yichalty) in your word.  
82: my eyes fail with watching (le'imrateka: literally, "to your word." The verb to watch is lacking; it literally reads, "my eyes fail," from the root to complete, finish as well as to be consumed) for your promise.  
83: I have not forgotten (shakachty) your statutes.  
85: men who do not conform ('asher lo ketoratka: to conform is lacking; literally, "according or ky to your law") to your law.  
86: all your commandments are sure ('emunah: same root from which is derived faith or to be firm, established).  
87: I have not forsaken (lo-hazavty) your precepts.  
88: that I may keep ('eshmerah) the testimonies of your mouth.  
92: if your law had not been my delight: shahashuha)  
93: I will never forget (l'o-'eshkach) your precepts (literally, "precepts of your mouth;" the precepts and their source, mouth, are one and the same).  
94: I have sought (darashty) your precepts.  
95: I consider ('etbonan) your testimonies.  
96: your commandment is exceedingly broad (rechabah me'od: an implication of expansive...in the temporal sense).  
97: how I love ('ahavty) your law.  
it is my meditation (sychaty) all the day ("all the day:" when things are visible, not necessarily "all night").  
98: your commandment makes me wiser (techkmeny: wise in the sense of being skilled in something) than my enemies (literally, "from my enemies").  
99: your testimonies are my meditation (sychah).  
100: I keep (natsarty) your precepts.  
101: in order to keep ('eshmor) your word.  
102: I do not turn aside (l'o-sarty) from your ordinances.  
104: through your precepts I get understanding ('etebonon).  
105: your word is a lamp (ner) to my feet and a light ('or) to my path (the word or devar, something spoken, begets this two-fold illumination: one to the feet and the other to the way on which these feet walk).  
106: to observe (lishmor) your righteous ordinances.  
107: give me live (chayeny) according to your word.  
108: teach (lamdeny) me your ordinances.  
109: I do not forget (l'o shakachty) your law.  
110: I do not stray (l'o tathyty: straying in the sense of being deceived) from your precepts.

111: your testimonies are my heritage (nachalty: from the root to receive) forever...the joy (sesun) of my heart.

112: I incline my heart to perform (lahasoth) your statutes: first the heart must be inclined, natah or extended before performing the statutes).

113: I love ('ahavty) your law.

114: I hope (yichalty) in your word.

115: that I may keep ('etsrah) the commandments of my God.

116: uphold (samkeny: in the sense of sustaining or helping) me according to your promise.

117: and have regard ('eshhah: the verbal root implies a looking around as well as a looking away from; shahah also implies a smearing as in Is 32.3: then the eyes of those who see will not be closed") for your statutes continually (tamyd: the sense of being perfect or whole).

118: you spurn all who go astray (shogym) from your statutes.

119: I love ('ahavty) your testimonies.

120: I am afraid of (yar'ety: the root yar'e implies reverence; interesting to compare with ra'h, to see: in many uses these two words sound similar, and it is interesting to interchange them...see for fear and visa versa) your judgments.

124: and teach (lamdeny) me your statutes.

125: that I may know ('edhah) your testimonies.

127: I love ('ahavty) your commandments above gold, above fine gold (min, in the sense of from or in making a sharp distinction, here not only with respect to simple gold but with fine gold).

128: I direct (yisharty: in the sense of making straight) my steps by all your precepts.

129: my soul keeps (netsaratam) them [your testimonies].

130: the unfolding (patach: also means a loosening which then bestows light) of your words gives light (ya'yr).

it imparts (mevyn) understanding to the simple (petayaym: verbal root means to speak out, to open, hence, being open to persuasion).

131: I long ('esha'phah: to breathe hard, pant) for your commandments.

133: keep steady (haken) my steps according to your promise.

134: that I may keep ('eshemrah) your precepts.

135: teach (lamdeny) me your statutes.

136: men do not keep (l'o-shamru) your law.

139: my foes forget (shakchu) your words.

140: your servant loves ('ahevah) it [your promise].

141: I do not forget (l'o thakchty) your precepts.

142: your law is true ('emeth).

143: your commandments are my delight (shahshuhay).

144: your testimonies are righteous (tsedeq: in the sense of being straight) forever.

-give me understanding (havyneny) that I may live.

145: I will keep ('etsorah) your statutes.

146: that I may observe ('eshemrah) your testimonies.

147: I hope (yichalty) in your words.

148: that I may meditate (lasyach) upon your promise.

152: long have I known (yadahty) from your testimonies.

153: for I do not forget (l'o shakachty) your law.

154: give me life (chayeny) according to your promise.

155: for they [wicked] do not seek (l'o darashu) your statutes.

156: give me life (chayeny) according to your justice.

157: I do not swerve (l'o natyty) from your testimonies.

158 they [faithless] do not keep (l'o shamaru) your commands.

159: consider how I love ('ahavty) your precepts.  
 161: my heart stands in awe (pachad: verbal root means to tremble, fear) of your words.  
 162 I rejoice (sas) at your word.  
 163: but I love ('ahavty) your law.  
 164: seven times a day I praise (hilaltyka: the verbal root for alleluia; fundamental meaning is to be clear, brilliant. Another meaning: to be foolish because the more one boasts, the more one is foolish) you for your righteous ordinances.  
 165: great peace have those who love (le'ohavy) your law.  
 166: and I do (hasyty) your commandments.  
 167: my soul keeps (shamrah) your testimonies.  
 and I love ('ohavem) them exceedingly.  
 168: I keep (shamarty) your precepts and testimonies.  
 169: give me understanding (havyneny) according to your word.  
 170: deliver (hatsylny: verbal root means to pull away) me according to your word.  
 171: you teach (telamdyny) me your statutes.  
 173: for I have chosen (vacharty) your precepts.  
 174: your law is my delight (shahashuhy).  
 175: let your ordinances help (yahazruny) me.  
 176: for I do not forget (l'o shakachty) your commandments.

\* \* \* \*

Advent is a season which emphasizes the act of watching. Such expectation can apply to virtually all phases of the spiritual life as the following references reveal. Most have the Greek verb gregoreo which implies wakefulness; the other word, phulasso, implies a keeping guard. I take them from the Gospels and include several passages which apply to the negative aspect of watching:

Mt 14.25: And in the fourth watch of the night (tetarte phulake tes nuktos) he came to them, walking on the sea.

Mt 24.42: Watch (gregoreite) therefore, for you do not know on what day your Lord is coming.

Mt 24.43: But know this, that if the householder had known in what part of the night (literally, "in what watch," phulake) the thief was coming, he would have watched (egregoresen) and would not have let his house be broken into.

Mt 25.13: Watch (gregoreite) therefore, for you know neither the day nor the hour.

Mt 26.38: My soul is very sorrowful, even to death; remain here, and watch (gregoreite) with me.

Mt 26.40: And he said to Peter, "So, could you not watch (gregoresai) with me one hour?"

Mt 26.41: Watch (gregoreite) and pray that you may not enter into temptation.

Mk 3.2: They watched (kaegoresosin) him to see whether he would heal him.

Mk 6.48: And about the fourth watch of the night (peri tetarten phulaken tes nuktos) he came to them, walking on the sea.

Mk 12.41: And he sat down opposite the treasury and watched (etheorei) the multitude putting money into the treasury.

Mk 13.33: Take heed, watch (agrutneite); for you do not know when the time will come.

Mk 13.34: It is like a man going on a journey, when he leaves home and puts his servants in charge, each with his work, and commands the doorkeeper to be on the watch (gregore).

Mk 13.35: Watch (gregoreite) therefore--for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or in the morning.

Mk 13.36-7: lest he come suddenly and find you asleep. And what I say to you I say to all: Watch (gregoreite).

Mk 14.34: My soul is very sorrowful, even to death; remain here and watch (gregoreite).

Mk 14.37: And he said to Peter, "Simon, are you asleep? Could you not watch (gregoresai) one hour?"

Mk 14.38: Watch (gregoreite) and pray that you may not enter into temptation.

Lk 2.8: And in that region there were shepherds out in the field, keeping watch (phulassontes phukakas) over their flock by night.

Lk 6.7: And the scribes and the Pharisees watched (pareterounto) him, to see whether he would heal on the sabbath.

Lk 12.38: If he comes in the second watch (en te trite phulake), or in the third, and finds them so, blessed are those servants!

Lk 14.1: One sabbath when he went to dine at the house of a ruler who belonged to the Pharisees, they were watching (parateroumenoi) him.

Lk 21.36: But watch at all times (agrutneite en panti kairo; note use of kairos which conveys the sense of "occasion"), praying that you may have strength to escape all these things that will take place, and to stand before the Son of man.

Lk 23.35: And the people stood by, watching (theoron; reference to Ps 22.7: "All who see me mock at me," in reference to the Crucifixion).